

LUNCH DISTRIBUTION

Distribution Principles

Every Sunday we meet our neighbors downtown as equals. These three principles guide how we show up, for them and for each other.

"We feed you for the sake of God alone, no reward do we seek, nor thanks."

Holy Qur'an, 76:9

01 Be respectful

- Offer lunches in a way that **preserves people's dignity**.
- Approach everyone **as an equal**.
- Greet and say goodbye in a friendly way.
- Only distribute to a group when you have **enough lunches for everyone**.
- If asked, say you're with **Project Downtown Cincinnati** and share what we do in your own words.

02 Be safe

- Stay with your group at all times.
- Do not go into anyone's house or apartment building — **under any circumstances**.
- Distribute **only lunches** while volunteering with PD — nothing else, including money.

03 Reflect

After you leave the park, take a few minutes to think it over:

Recall the experience with a friend.

What did you learn?

What can we do better?